

Joshua Tree Climbing Trip Equipment List

*All of these items are REQUIRED!!!

Student Name: _____

Trip: _____

√?	Qty.	Item	Description
___	1	Duffel bag	Soft luggage able to fit most of the items below
___	1	Day Pack (Book Bag)	For Day Hikes and around the Climbing areas
___	1	Sleeping bag & stuff sack (Available from the Outdoor Education Shed- Free of Charge!)	Light weight mummy-style bag (0-20° F rating is good), filled with synthetic or down material (big, bulky cotton bags are NOT good)
___	1	Sleeping pad (Available from the Outdoor Education Shed- Free of Charge!)	Keeps you warm and comfortable when sleeping on cold, hard ground. Ridgerest & Therm-a-rest® are good brands.
___	1 pair	Hiking Shoes	Athletic Running shoes are okay too. Skate shoes, Converse, or Vans will not work.
___	2-3 pairs	Socks	Athletic, synthetic socks work best!
___	1	Long underwear tops	Light to medium weight synthetic material like capilene or polypropylene (A long Sleeve T-shirt works for this trip too)
___	1	Long underwear bottoms	Light to medium weight synthetic material like capilene or polypropylene (Leggings or Yoga Pants work for this trip too)
___	1	Fleece or Down jacket	Medium to heavy weight jacket (A Heavy Sweatshirt will work for this trip too)
___	1	Rain jacket with a hood	Should be made from a coated nylon material.
___	1	Rain pants	Should be made from a coated nylon material also. Side zippers on the sides of the legs are nice (Suggested for this trip, but not required!)
___	1	Wool or fleece cap	For cold conditions and for staying warm while sleeping- the desert gets COLD at night☺
___	1	Fleece pants	These are nice to wear around camp at night and when the weather becomes cold (Sweats will work for this trip)
___	1	Wool/fleece gloves	For chilly nights in camp.
___	2	Water bottle	Nalgens or Kleen Kanteens are great. Must be at least one litre each.
___	1	Eating gear	Should have a bowl, mug (12-20 oz.) and spoon.
___	1	Lip balm	Should be SPF 15
___	1-2	Bandanas	Many uses! (Handkerchief, sweat band, washcloth, etc.)

___	1	Headlamp with batteries	Headlamps are the most handy in camp at night or early days on the trail.
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___	1 pair	Camp Shoes	For wearing around the campsite (Tevas or Crocs work Best- NO FLIP FLOPS!)
___	1	Shorts	Quick dry, nylon material
___	1	Pants	Better if quick drying, nylon material. Comfortable climbing pants- Yoga pants work great!
___	3	Underwear	Bring what you think you need, but try to go light!
___	1	T-Shirt	Synthetic is best! It will keep you cool and dry!
___	1	Sun hat	Baseball caps are OK
___	1	Sunglasses (important)	Should have good UV protection
___	1	Toothpaste & toothbrush	Bring a very small tube of toothpaste
___	1	Extra eyeglasses or contact lens supplies	Please bring a very small bottle of contact lens solution if you wear contacts.
___	1	Journal, Pen or Pencil	A small journal just for Trips! A Pen or Pencil too!

CLIMBING GEAR: Available to Borrow or Rent

- ___ Climbing Harness (Included in Cost of Trip)
- ___ Climbing Helmet (Included in Cost of Trip)
- ___ Climbing Shoes (Available for Rental \$10 for Weekend)
(Suggested but NOT required)
- ___ Chalk Bag

OPTIONAL: Not necessary, but nice to have.

- ___ Book
- ___ Camera
- ___ Art Materials or Musical Instruments
- ___ Card Games etc. for the Campfire @ Night