

Big Bear Ski Trip Equipment List

*All of these items are REQUIRED!!!

Student Name: _____

Trip: _____

√?	Qty.	Item	Description
___	1	Duffel bag	Soft luggage able to fit most of the items below
___	1 pair	Hiking Boots or Snow Boots	A Pair of boots to wear around town in the snow!
___	2 pairs	Ski Socks	Synthetic or wool socks work best!
___	1	Long underwear tops	Light to medium weight synthetic material like capilene or polypropylene
___	1	Long underwear bottoms	Light to medium weight synthetic material like capilene or polypropylene (Leggings or Yoga Pants work fine too)
___	1	Fleece jacket	Medium to heavy weight jacket
___	1	Ski Jacket	Should be Warm and Waterproof
___	1	Ski Pants	Should be Warm and Waterproof
___	1	Wool or fleece cap	Should cover your ears!
___	1	Fleece pants	These are nice to wear under your Ski Pants if you get cold
___	1	Ski Gloves or Mittens	Gloves or Mittens that are Warm and Waterproof
___	1	Water bottle	Nalgens or Kleen Kanteens are great. Drinking plenty of water in the mountains is key to not getting dehydrated!
___	1	Lip balm	Should be SPF 15

___	1	Sunglasses (important)	Should have good UV protection (Ski Goggles are great too, but not required)
___	1	Toiletries	Toothpaste, toothbrush, shampoo, etc.
___	1	Extra eyeglasses or contact lens supplies	Please bring a very small bottle of contact lens solution if you wear contacts.

Ski or Snowboard GEAR: Available to Rent (Sports Chalet)

- ___ Ski Package (Skies, Boots, and Poles)
- ___ Snowboard Package (Snowboard and Boots)

OPTIONAL: Not necessary, but nice to have.

- ___ Book
- ___ Camera
- ___ Card Games or Movies for the Cabin at Night
- ___ Art Materials or Musical Instruments